

Northern TRIBS Swimming
Head Coach Joshua Jock

Individual Meet Results - Standard: TUSS

2022 Region 1 Short Course Invitational 18-Feb-22 to 21-Feb-22 Yards
Sanction: AD22-019 Location: Union College & Shenendehowa Aquatics Center

Time	F/P/S	Event	Place	Points	Improv
Braun, Gretchen (14) F					
2:08.85Y AAA	P # 5	Female 200 IM	7	---	-3
	28.35	59.81 1:38.99 2:08.85			
	(28.35)	(31.46) (39.18) (29.86)			
2:12.21Y AAA	F # 5	Female 200 IM	8	11	0
	---	1:01.88 1:41.62 2:12.21			
	---	(1:01.88) (39.74) (30.59)			
5:06.57Y AAAA	P # 9	Female 500 Free	14	---	-10
	28.02	58.75 1:29.97 2:01.46 2:32.81 3:04.36 3:35.81 4:06.80			
	(28.02)	(30.73) (31.22) (31.49) (31.35) (31.55) (31.45) (30.99)			
	4:37.50	5:06.57			
	(30.70)	(29.07)			
5:09.67Y AAA	F # 9	Female 500 Free	16	1	-7
	27.96	59.05 1:30.51 2:02.03 2:33.61 3:05.00 3:36.39 4:08.35			
	(27.96)	(31.09) (31.46) (31.52) (31.58) (31.39) (31.39) (31.96)			
	4:39.75	5:09.67			
	(31.40)	(29.92)			
1:08.94Y AAA	P # 11	Female 100 Breast	17	---	-3
	32.57	1:08.94			
	(32.57)	(36.37)			
1:10.47Y AA	F # 11	Female 100 Breast	24	---	-1
	33.32	1:10.47			
	(33.32)	(37.15)			
1:54.82Y AAAA	F # 15	Female 200 Free	11	6	-4
	27.14	56.80 1:26.31 1:54.82			
	(27.14)	(29.66) (29.51) (28.51)			
1:56.23Y AAA	P # 15	Female 200 Free	19	---	-3
	26.59	56.09 1:26.38 1:56.23			
	(26.59)	(29.50) (30.29) (29.85)			
2:06.22Y AAA	P # 19	Female 200 Back	11	---	-3
	29.43	1:00.67 1:33.70 2:06.22			
	(29.43)	(31.24) (33.03) (32.52)			
2:06.82Y AAA	F # 19	Female 200 Back	13	4	-2
	29.77	1:01.82 1:34.52 2:06.82			
	(29.77)	(32.05) (32.70) (32.30)			
52.37Y AAAA	F # 25	Female 100 Free	5	14	-2
	25.37	52.37			
	(25.37)	(27.00)			
52.51Y AAAA	P # 25	Female 100 Free	4	---	-1
	25.30	52.51			
	(25.30)	(27.21)			
58.29Y AAA	F # 29	Female 100 Back	7	12	-1
	28.57	58.29			
	(28.57)	(29.72)			
59.34Y AAA	P # 29	Female 100 Back	8	---	0
	29.24	59.34			
	(29.24)	(30.10)			

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Time	F/P/S	Event	Place	Points	Improv
Braun, Seth (16) M					
1:56.75Y AAA	P # 6	Male 200 IM	7	---	-4
	24.51	54.53 1:29.16		1:56.75	
	(24.51)	(30.02) (34.63)		(27.59)	
1:58.92Y AAA	F # 6	Male 200 IM	8	11	-2
	24.74	54.32 1:30.36		1:58.92	
	(24.74)	(29.58) (36.04)		(28.56)	
51.96Y AAA	P # 8	Male 100 Fly	5	---	-3
	24.18	51.96			
	(24.18)	(27.78)			
52.70Y AAA	F # 8	Male 100 Fly	8	11	-2
	24.10	52.70			
	(24.10)	(28.60)			
59.56Y AAA	P # 12	Male 100 Breast	6	---	-1
	27.88	59.56			
	(27.88)	(31.68)			
59.58Y AAA	F # 12	Male 100 Breast	6	13	-1
	29.25	59.58			
	(29.25)	(30.33)			
1:44.37Y AAA	F # 16	Male 200 Free	7	12	-5
	24.42	51.31 1:19.13		1:44.37	
	(24.42)	(26.89) (27.82)		(25.24)	
1:44.93Y AAA	P # 16	Male 200 Free	8	---	-4
	23.39	49.70 1:17.68		1:44.93	
	(23.39)	(26.31) (27.98)		(27.25)	
21.45Y AAAAA	F # 18	Male 50 Free	2	17	-1
21.66Y AAAAA	P # 18	Male 50 Free	2	---	-1
46.23Y AAAAA	F # 26	Male 100 Free	1	20	-3
	22.52	46.23			
	(22.52)	(23.71)			
46.35Y AAAAA	P # 26	Male 100 Free	2	---	-3
	22.59	46.35			
	(22.59)	(23.76)			
2:12.66Y AA	F # 28	Male 200 Breast	13	4	-3
	30.62	1:05.52 1:41.49		2:12.66	
	(30.62)	(34.90) (35.97)		(31.17)	
2:16.50Y AA	P # 28	Male 200 Breast	15	---	0
	29.35	1:03.41 1:39.22		2:16.50	
	(29.35)	(34.06) (35.81)		(37.28)	