

**Northern TRIBS Swimming**  
**Head Coach Joshua Jock**

**Individual Meet Results - Standard: TUSS**

**2020 Region 1 Short Course Invitational 14-Feb-20 to 17-Feb-20 Yards**

**Location: Union College & Shenendehowa Aquatics Center**

Time	F/P/S	Event	Place	Points	Improv
<b>Braun, Gretchen (12) F</b>					
2:19.55Y AAA	P # 5	Female 200 IM	NTS-AD	80	---
	30.94	1:05.68 1:48.37 2:19.55			-1
	(30.94)	(34.74) (42.69) (31.18)			
5:18.16Y AAAA	P # 9	Female 500 Free	NTS-AD	38	---
	29.35	1:02.21 1:34.82 2:07.68 2:39.98 3:12.06 3:44.15 4:16.06			-10
	(29.35)	(32.86) (32.61) (32.86) (32.30) (32.08) (32.09) (31.91)			
	4:47.46	5:18.16			
	(31.40)	(30.70)			
2:01.35Y AAA	P # 15	Female 200 Free	NTS-AD	75	---
	28.26	59.35 1:31.02 2:01.35			-3
	(28.26)	(31.09) (31.67) (30.33)			
2:13.04Y AAA	P # 19	Female 200 Back	NTS-AD	43	---
	32.03	1:05.70 1:39.90 2:13.04			-5
	(32.03)	(33.67) (34.20) (33.14)			
57.20Y AAA	P # 25	Female 100 Free	NTS-AD	105	---
	27.32	57.20			0
	(27.32)	(29.88)			
1:02.24Y AAA	P # 29	Female 100 Back	NTS-AD	53	---
	30.78	1:02.24			0
	(30.78)	(31.46)			
<b>Braun, Seth (14) M</b>					
2:05.66Y AAA	P # 6	Male 200 IM	NTS-AD	45	---
	27.95	59.71 1:36.50 2:05.66			0
	(27.95)	(31.76) (36.79) (29.16)			
1:04.07Y AA	F # 12	Male 100 Breast	NTS-AD	21	---
	30.46	1:04.07			-1
	(30.46)	(33.61)			
1:04.24Y AA	P # 12	Male 100 Breast	NTS-AD	19	---
	30.14	1:04.24			0
	(30.14)	(34.10)			
1:50.51Y AAA	P # 16	Male 200 Free	NTS-AD	42	---
	26.09	54.90 1:23.36 1:50.51			-4
	(26.09)	(28.81) (28.46) (27.15)			
22.76Y AAA	P # 18	Male 50 Free	NTS-AD	16	---
22.93Y AAA	F # 18	Male 50 Free	NTS-AD	14	---
49.22Y AAA	P # 26	Male 100 Free	NTS-AD	26	---
	23.66	49.22			-1
	(23.66)	(25.56)			
49.39Y AAA	F # 26	Male 100 Free	NTS-AD	23	---
	23.91	49.39			-1
	(23.91)	(25.48)			
2:23.81Y AA	P # 28	Male 200 Breast	NTS-AD	34	---
	31.38	1:08.20 1:45.89 2:23.81			2
	(31.38)	(36.82) (37.69) (37.92)			

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Time	F/P/S	Event	Place	Points	Improv
<b>Lantry, Emily (18) F</b>					
2:22.06Y BB	P # 5	Female 200 IM	NTS-AD	86	---
	30.16	1:04.83 1:48.82 2:22.06			1
	(30.16)	(34.67) (43.99) (33.24)			
5:35.89Y A	P # 9	Female 500 Free	NTS-AD	65	---
	29.47	1:02.99 1:37.00 2:11.32 2:45.75 3:20.16 3:55.01 4:29.57			7
	(29.47)	(33.52) (34.01) (34.32) (34.43) (34.41) (34.85) (34.56)			
	5:03.60	5:35.89			
	(34.03)	(32.29)			
26.01Y A	P # 17	Female 50 Free	NTS-AD	58	---
2:16.83Y A	P # 19	Female 200 Back	NTS-AD	65	---
	31.71	1:06.39 1:41.87 2:16.83			2
	(31.71)	(34.68) (35.48) (34.96)			
56.71Y A	P # 25	Female 100 Free	NTS-AD	92	---
	27.30	56.71			0
	(27.30)	(29.41)			
1:03.88Y BB	P # 29	Female 100 Back	NTS-AD	65	---
	31.07	1:03.88			1
	(31.07)	(32.81)			
<b>Lufkin, Leon (17) M</b>					
59.41Y BB	P # 8	Male 100 Fly	NTS-AD	45	---
	26.89	59.41			0
	(26.89)	(32.52)			
1:02.09Y AA	F # 12	Male 100 Breast	NTS-AD	13	---
	29.24	1:02.09			-2
	(29.24)	(32.85)			
1:02.90Y A	P # 12	Male 100 Breast	NTS-AD	15	---
	29.57	1:02.90			-1
	(29.57)	(33.33)			
1:56.66Y BB	P # 16	Male 200 Free	NTS-AD	73	---
	26.21	55.38 1:26.16 1:56.66			0
	(26.21)	(29.17) (30.78) (30.50)			
24.46Y BB	P # 18	Male 50 Free	NTS-AD	52	---