

Northern TRIBS Swimming
Head Coach Josh Jock

Relay Top Times

Show Long Course Only

Time	P/F/S	Relay
Female 12&U 200 Free Relay		
1 2:20.38 L	F	A Relay
Sina C. Lufkin (12)		Sydney E. Rochefort (10)
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		NTS -AD
		6/10/2017 Clinton Cudas Colgate Classic Invitational
		Gretchen L. Braun (9) Katie E. McGrath (12)
		2:20.38 (2:20.38)
Female 12&U 200 Medley Relay		
1 2:38.92 L	F	A Relay
Gretchen L. Braun (9)		Sydney E. Rochefort (10)
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		NTS -AD
		6/10/2017 Clinton Cudas Colgate Classic Invitational
		Katie E. McGrath (12) Sina C. Lufkin (12)
		2:38.92 (2:38.92)
Female 11-12 200 Free Relay		
1 2:22.16 L	F	A Relay
Sydney E. Rochefort (12)		Hailey M. Thompson (12)
		NTS -AD
		7/26/2019 2019 Adirondack Long Course Championships
		Skyler G. Sanderson (11) Gretchen L. Braun (11)
Female 11-12 200 Medley Relay		
1 2:39.06 L	F	A Relay
Gretchen L. Braun (11)		Hailey M. Thompson (12)
		NTS -AD
		7/26/2019 2019 Adirondack Long Course Championships
		Sydney E. Rochefort (12) Skyler G. Sanderson (11)
Female 11-12 400 Free Relay		
1 5:19.33 L	F	A Relay
Sydney E. Rochefort (12)		Hailey M. Thompson (12)
		NTS -AD
		7/26/2019 2019 Adirondack Long Course Championships
		Skyler G. Sanderson (11) Gretchen L. Braun (11)
Female 200 Medley Relay		
1 2:31.29 L	F	A Relay
Sina C. Lufkin (13)		Emma J. Dumas (16)
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		NTS -AD
		6/9/2018 Clinton Cudas Colgate Classic Invitational
		Sophia M. Silver (16) Gretchen L. Braun (10)
Male 12&U 200 Free Relay		
1 2:56.88 L	F	A Relay
Seth T. Braun (12)		Oliver M. Martin (11)
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		NTS -AD
		6/9/2018 Clinton Cudas Colgate Classic Invitational
		Daniel F. Armendariz-Huang (11) Mathew J. Wimmer (11)