

**Northern TRIBS Swimming**  
**Head Coach Josh Jock**

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**Individual Top Times**

Show Yards Only

	Time	P/F/S	Name	Age/Yr				
<b>Female 8 &amp; Under 25 Free</b>								
1	15.56 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody 10&Under Mini-Meet	
<b>Female 8 &amp; Under 50 Free</b>								
1	32.98 Y	F	Julia Domena	8	NTS AD	2/6/2011	Delmar Dolphins February Freeze Invitational	
<b>Female 8 &amp; Under 100 Free</b>								
1	1:18.12 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody 10&Under Mini-Meet	
<b>Female 8 &amp; Under 200 Free</b>								
1	3:01.68 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody IMX Challenge	
<b>Female 8 &amp; Under 500 Free</b>								
1	8:02.09 Y	F	Julia Domena	8	NTS AD	12/18/2010	Potsdam Invitational	
<b>Female 8 &amp; Under 25 Back</b>								
1	20.62 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody 10&Under Mini-Meet	
<b>Female 8 &amp; Under 50 Back</b>								
1	43.46 Y L	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody IMX Challenge	
<b>Female 8 &amp; Under 100 Back</b>								
1	1:31.99 Y	F	Julia Domena	8	NTS AD	12/18/2010	Potsdam Invitational	
<b>Female 8 &amp; Under 25 Breast</b>								
1	22.54 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody 10&Under Mini-Meet	
<b>Female 8 &amp; Under 50 Breast</b>								
1	56.82 Y	F	Julia Domena	8	NTS AD	12/18/2010	Potsdam Invitational	
<b>Female 8 &amp; Under 100 Breast</b>								
1	1:51.54 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody IMX Challenge	
<b>Female 8 &amp; Under 25 Fly</b>								
1	17.72 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody 10&Under Mini-Meet	
<b>Female 8 &amp; Under 50 Fly</b>								
1	45.64 Y	F	Julia Domena	8	NTS AD	2/6/2011	Delmar Dolphins February Freeze Invitational	
<b>Female 8 &amp; Under 100 Fly</b>								
1	2:01.43 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody IMX Challenge	
<b>Female 8 &amp; Under 100 IM</b>								
1	1:35.18 Y	F	Julia Domena	8	NTS AD	12/18/2010	Potsdam Invitational	
<b>Female 8 &amp; Under 200 IM</b>								
1	3:21.70 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody IMX Challenge	
<b>Female 9-10 50 Free</b>								
1	28.98 Y	F	Julia Domena	10	NTS AD	2/10/2013	2013 Piranhas Pentathlon	
<b>Female 9-10 100 Free</b>								
1	1:06.91 Y	F	Julia Domena	10	NTS AD	1/27/2013	Thoroughbred Splash 2013	
<b>Female 9-10 200 Free</b>								
1	2:28.08 Y	F	Julia Domena	10	NTS AD	1/27/2013	Thoroughbred Splash 2013	
<b>Female 9-10 500 Free</b>								
1	6:45.05 Y	F	Julia Domena	10	NTS AD	1/12/2013	Chris Goody IMX Challenge	
<b>Female 9-10 50 Back</b>								
1	33.22 Y	F	Julia Domena	10	NTS AD	2/10/2013	2013 Piranhas Pentathlon	
<b>Female 9-10 100 Back</b>								
1	1:15.64 Y	F	Julia Domena	10	NTS AD	1/12/2013	Chris Goody IMX Challenge	

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	Time	P/F/S	Name	Age/Yr			
<b>Female 9-10 50 Breast</b>							
1	39.13 Y	F	Julia Domena	10	NTS AD	2/10/2013	2013 Piranhas Pentathlon
<b>Female 9-10 100 Breast</b>							
1	1:29.13 Y	F	*1 Laura Hartman	10	NTS AD	3/19/2010	AD Gold Short Course Championships
<b>Female 9-10 25 Fly</b>							
1	35.75 Y	F	Hailey Jordan	10	NTS AD	3/1/2014	Intraclub Meet
<b>Female 9-10 50 Fly</b>							
1	33.23 Y	F	Julia Domena	10	NTS AD	1/27/2013	Thoroughbred Splash 2013
<b>Female 9-10 100 Fly</b>							
1	1:27.10 Y	F	Julia Domena	10	NTS AD	1/12/2013	Chris Goody IMX Challenge
<b>Female 9-10 100 IM</b>							
1	1:14.34 Y	F	Julia Domena	10	NTS AD	2/10/2013	2013 Piranhas Pentathlon
<b>Female 9-10 200 IM</b>							
1	2:47.06 Y	F	Julia Domena	10	NTS AD	1/12/2013	Chris Goody IMX Challenge
<b>Female 11-12 50 Free</b>							
1	26.91 Y	F	Julia Domena	12	NTS AD	3/9/2014	AD Gold Short Course Championships
<b>Female 11-12 100 Free</b>							
1	58.23 Y	P	Julia Domena	12	NTS AD	3/9/2014	AD Gold Short Course Championships
<b>Female 11-12 200 Free</b>							
1	2:17.12 Y	P	Angelina Domena	12	NTS AD	3/13/2011	AD Gold Short Course Championships
<b>Female 11-12 500 Free</b>							
1	6:15.81 Y	F	Julia Domena	11	NTS AD	1/11/2014	Chris Goody IMX Challenge
<b>Female 11-12 50 Back</b>							
1	31.31 Y	F	Julia Domena	12	NTS AD	3/9/2014	AD Gold Short Course Championships
<b>Female 11-12 100 Back</b>							
1	1:07.56 Y	P	Isabella Jaskowski	11	NTS AD	3/9/2014	AD Gold Short Course Championships
<b>Female 11-12 200 Back</b>							
1	3:04.50 Y	F	Breanna Anderson	12	NTS AD	1/12/2013	Chris Goody IMX Challenge
<b>Female 11-12 50 Breast</b>							
1	35.15 Y	P	*1 Laura Hartman	12	NTS AD	3/11/2012	AD Gold Short Course Championships
<b>Female 11-12 100 Breast</b>							
1	1:18.12 Y	F	*1 Laura Hartman	12	NTS AD	3/11/2012	AD Gold Short Course Championships
<b>Female 11-12 200 Breast</b>							
1	2:54.85 Y	F	*1 Laura Hartman	12	NTS AD	3/11/2012	AD Gold Short Course Championships
<b>Female 11-12 50 Fly</b>							
1	29.97 Y	F	*1 Elizabeth Dempsey	12	NTS AD	12/12/2009	Amsterdam Sea Rams Invitational
<b>Female 11-12 100 Fly</b>							
1	1:10.59 Y	P	*1 Elizabeth Dempsey	12	NTS AD	3/20/2009	AD Gold Short Course Championships
<b>Female 11-12 100 IM</b>							
1	1:11.47 Y	P	Julia Domena	12	NTS AD	3/9/2014	AD Gold Short Course Championships
<b>Female 11-12 200 IM</b>							
1	2:36.93 Y	P	Julia Domena	12	NTS AD	3/9/2014	AD Gold Short Course Championships
<b>Female 13-14 50 Free</b>							
1	26.22 Y	P	*1 Elizabeth Dempsey	13	NTS AD	4/1/2010	2010 Eastern Zone SC Swimming Champio

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	Time	P/F/S	Name	Age/Yr				
<b>Female 13-14 100 Free</b>								
1	58.06 Y	P	*I Elizabeth Dempsey	13	NTS AD	3/19/2010	AD Gold Short Course Championships	
<b>Female 13-14 200 Free</b>								
1	2:09.14 Y	P	Angelina Domena	14	NTS AD	3/10/2013	AD Gold Short Course Championships	
<b>Female 13-14 500 Free</b>								
1	5:57.30 Y	F	Angelina Domena	14	NTS AD	1/12/2013	Chris Goody IMX Challenge	
<b>Female 13-14 50 Back</b>								
1	33.07 Y L	F	Angelina Domena	14	NTS AD	12/8/2012	North Country Holiday Meet 2012	
<b>Female 13-14 100 Back</b>								
1	1:08.82 Y	P	Angelina Domena	14	NTS AD	3/10/2013	AD Gold Short Course Championships	
<b>Female 13-14 200 Back</b>								
1	2:27.97 Y	P	Angelina Domena	14	NTS AD	3/10/2013	AD Gold Short Course Championships	
<b>Female 13-14 50 Breast</b>								
1	41.38 Y	F	Angelina Domena	14	NTS AD	3/8/2013	Fun Meet	
<b>Female 13-14 100 Breast</b>								
1	1:23.23 Y	F	*I Macy Sylvester	14	NTS AD	2/6/2010	Delmar Dolphins February Freeze Invitational	
<b>Female 13-14 200 Breast</b>								
1	2:53.49 Y	P	*I Macy Sylvester	14	NTS AD	3/19/2010	AD Gold Short Course Championships	
<b>Female 13-14 50 Fly</b>								
1	38.32 Y S	F	*I Emily Smith	14	NTS AD	2/29/2008	2008 AD Silver Short Course Championship	
<b>Female 13-14 100 Fly</b>								
1	1:08.24 Y	P	Angelina Domena	14	NTS AD	3/10/2013	AD Gold Short Course Championships	
<b>Female 13-14 200 Fly</b>								
1	2:56.14 Y	F	Angelina Domena	14	NTS AD	1/12/2013	Chris Goody IMX Challenge	
<b>Female 13-14 100 IM</b>								
1	1:32.67 Y	F	*I Emily Hurlbut	13	NTS AD	12/18/2010	Potsdam Invitational	
<b>Female 13-14 200 IM</b>								
1	2:30.88 Y	P	*I Elizabeth Dempsey	13	NTS AD	3/19/2010	AD Gold Short Course Championships	
<b>Female 13-14 400 IM</b>								
1	5:34.95 Y	F	Angelina Domena	14	NTS AD	1/12/2013	Chris Goody IMX Challenge	
<b>Female 50 Free</b>								
1	26.39 Y	P	Angelina Domena	15	NTS AD	3/9/2014	AD Gold Short Course Championships	
<b>Female 100 Free</b>								
1	56.87 Y	P	Angelina Domena	15	NTS AD	3/9/2014	AD Gold Short Course Championships	
<b>Female 200 Free</b>								
1	2:00.79 Y	P	Angelina Domena	15	NTS AD	3/9/2014	AD Gold Short Course Championships	
<b>Female 500 Free</b>								
1	5:48.91 Y	F	Angelina Domena	15	NTS AD	1/11/2014	Chris Goody IMX Challenge	
<b>Female 1000 Free</b>								
1	13:03.28 Y	G	*I Kelsey Rimmer		NTS AD		GOAL	
<b>Female 50 Back</b>								
1	34.67 Y S	F	*I Emilie Norton	16	NTS AD	1/26/2008	Kingston Snowball Invitational	
<b>Female 100 Back</b>								
1	1:04.94 Y	P	Angelina Domena	15	NTS AD	3/9/2014	AD Gold Short Course Championships	

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	Time	P/F/S	Name	Age/Yr			
<b>Female 200 Back</b>							
1	2:19.39 Y	P	Angelina Domena	15	NTS AD	3/9/2014	AD Gold Short Course Championships
<b>Female 50 Breast</b>							
1	38.38 Y S	F	*1 Emilie Norton	16	NTS AD	1/26/2008	Kingston Snowball Invitational
<b>Female 100 Breast</b>							
1	1:17.56 Y	F	*1 Anna Brothers	16	NTS AD	3/10/2009	Pentathlon
<b>Female 200 Breast</b>							
1	2:42.68 Y	P	Angelina Domena	15	NTS AD	3/9/2014	AD Gold Short Course Championships
<b>Female 50 Fly</b>							
1	33.52 Y S	F	*1 Emilie Norton	16	NTS AD	1/26/2008	Kingston Snowball Invitational
<b>Female 100 Fly</b>							
1	1:02.87 Y	P	Angelina Domena	15	NTS AD	3/9/2014	AD Gold Short Course Championships
<b>Female 200 Fly</b>							
1	2:38.23 Y	F	Angelina Domena	15	NTS AD	1/11/2014	Chris Goody IMX Challenge
<b>Female 100 IM</b>							
1	1:32.75 Y	F	*1 Allyssa Hampson	15	NTS AD	12/18/2010	Potsdam Invitational
<b>Female 200 IM</b>							
1	2:27.29 Y	F	Angelina Domena	15	NTS AD	3/1/2014	Intraclub Meet
<b>Female 400 IM</b>							
1	5:17.25 Y	F	Angelina Domena	15	NTS AD	1/11/2014	Chris Goody IMX Challenge