

# Massena - June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>LG 1: Lesson Group 1 on M/W</b> <b>LG 2: Lesson Group 2 on T/TH</b> <b>SS: Stroke School (M through TH)</b> <b>Age: Age Group (M through TH)</b> <b>Senior: Senior Group (M through TH)</b> <b>LAP: Adult swim/Masters—also w/ seniors</b>		30 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	31 <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	1 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	2	3 <b>LG 3</b> (9:00-9:45am) <b>LG 4</b> (canceled) <b>LAP</b> (10:00-11:00pm)
4	5 <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	6 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	7 <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	8 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	9	10 <a href="#">Colgate Classic</a> Colgate University  <b>LG 3</b> (9:00-9:45am) <b>LG 4</b> (canceled) <b>LAP</b> (10:00-11:00pm)
11 <a href="#">Colgate Classic</a> Colgate University	12 <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	13 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	14 <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	15 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	16	17 <b>LG 3</b> (9:00-9:45am) <b>LG 4</b> (canceled) <b>Senior</b> (9:00-11:00pm) <b>LAP</b> (10:00-11:00pm)
18	19 <b>SECTION 9</b> <b>LG 1</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	20 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	21 <b>LG 1</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	22 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	23	24
25	26 <b>LG 1</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	27 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	28 <b>LG 1</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	29 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	30 <a href="#">Sharks Summer Invite</a> Colgate University	1 <i>Sharks Summer Invite</i> <i>Colgate University</i>
2 <i>Sharks Summer Invite</i> Colgate University	3	4  <i>Independence Day</i>	5 <b>LG 1</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	6 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	7	8

# Massena - July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>LG 1: Lesson Group 1 on M/W</b> <b>LG 2: Lesson Group 2 on T/TH</b> <b>SS: Stroke School (M through TH)</b> <b>Age: Age Group (M through TH)</b> <b>Senior: Senior Group (M through TH)</b> <b>LAP: Adult swim/Masters—also w/ seniors</b>	27 <i>LG 2 (6:00-6:45pm)</i> <i>SS (6:00-7:00pm)</i> <i>Age (6:00-7:30pm)</i> <i>Senior (6:00-8:00pm)</i> <i>LAP (7:00—8:00pm)</i>	28 <i>LG 1 (6:00-6:45pm)</i> <i>SS (6:00-7:00pm)</i> <i>Age (6:00-7:30pm)</i> <i>Senior (6:00-8:00pm)</i> <i>LAP (7:00—8:00pm)</i>	29 <i>LG 2 (6:00-6:45pm)</i> <i>SS (6:00-7:00pm)</i> <i>Age (6:00-7:30pm)</i> <i>Senior (6:00-8:00pm)</i> <i>LAP (7:00—8:00pm)</i>	30 <i>Sharks Summer Invite</i> <i>Colgate University</i>	1 <a href="#">Sharks Summer Invite</a> Colgate University	
2 <a href="#">Sharks Summer Invite</a> Colgate University	3	4 Independence Day	5 <b>LG 1 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	6 <b>LG 2 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	7	8
9	10 <b>LG 1 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	11 <b>LG 2 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	12 <b>LG 1 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	13 <b>LG 2 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	14 <b>SUNY Potsdam</b> (2:00—6:00pm) Fun Meet /BBQ	15
16	17 <b>SECTION 10</b> <b>LG 1 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	18 <b>LG 2 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	19 <b>LG 1 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	20 <b>LG 2 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	21	22
23	24 <b>LG 1 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	25 <b>LG 2 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	26 <b>LG 1 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	27 <b>LG 2 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	28 <a href="#">AD LC CHAMPS</a> Colgate University	29 <a href="#">AD LC CHAMPS</a> Colgate University
30 <a href="#">AD LC CHAMPS</a> Colgate University	31 <b>LG 1 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	1 <i>LG 2 (6:00-6:45pm)</i> <i>SS (6:00-7:00pm)</i> <i>Age (6:00-7:30pm)</i> <i>Senior (6:00-8:00pm)</i> <i>LAP (7:00—8:00pm)</i>	2 <b>LG 1 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	3 <u>LC SR EZONES</u> <b>LG 2 (6:00-6:45pm)</b> <b>SS (6:00-7:00pm)</b> <b>Age (6:00-7:30pm)</b> <b>Senior (6:00-8:00pm)</b> <b>LAP (7:00—8:00pm)</b>	4 <u>LC SR EZONES</u>	5 <u>LC SR EZONES</u>  <i>Swim-A-Mile</i> <i>for Hospice,</i> <i>Postwood Park</i>

# Massena - August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>LG 1: Lesson Group 1 on M/W</b> <b>LG 2: Lesson Group 2 on T/TH</b> <b>SS: Stroke School (M through TH)</b> <b>Age: Age Group (M through TH)</b> <b>Senior: Senior Group (M through TH)</b> <b>LAP: Adult swim/Masters—also w/ seniors</b>		1 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	2 <b>LG 1</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	3 <a href="#">LC SR EZONES</a> <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	4 <a href="#">LC SR EZONES</a>	5 <a href="#">LC SR EZONES</a>  <i>Swim-A-Mile for Hospice, Postwood Park</i>
6 <a href="#">LC SR EZONES</a>	7 <b>LG 1</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	8 <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	9 <a href="#">LC AG EZONES</a> <b>LG 1</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	10 <a href="#">LC AG EZONES</a> <b>LG 2</b> (6:00-6:45pm) <b>SS</b> (6:00-7:00pm) <b>Age</b> (6:00-7:30pm) <b>Senior</b> (6:00-8:00pm) <b>LAP</b> (7:00—8:00pm)	11 <a href="#">LC AG EZONES</a>	12 <a href="#">LC AG EZONES</a>
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2