


## Meets - Summer 2015

**If you plan to attend any other USA-S meet notify Josh ASAP to enter.**

The meet list below has been selected from the Adirondack (AD) and Niagara (NI) Meets Schedules for our swimmers to best prepare for Championships. Meet updates, psych sheets, and warmup times are posted a few days before each meet on their respective websites. I will also copy these links to our page below so please check for changes before you leave for a meet. We will also forward any emailed meet notifications to meet attendees.

[Adirondack LSC 2014 - 2015 Meet Schedule](#)

[Niagara LSC 2014 - 2015 Meet Schedule](#)

DATE/ DAY(S)	MEET INFORMATION	ATTENDING COACH(ES)	ENTRY DEADLINE	RESULTS
5/15/2014 FRI	<a href="#">Summer Series 1</a> SUNY Potsdam	All Coaches		<a href="#">Individual Results</a>
6/06-07/2014 SAT-SUN	<a href="#">Colgate Classic</a> Colgate University	Josh and Jess		<a href="#">RESULTS</a> <a href="#">Individual Results</a>
6/12/2014 FRI	<a href="#">Summer Series 2</a> SUNY Potsdam	All Coaches		<a href="#">RESULTS</a> (revised) <a href="#">Individual Results</a> <a href="#">Relay Results</a>
6/27/2014 SAT	<a href="#">Super Circuit &amp; Chargers Distance Meet</a> Burnet Park, Syracuse	Josh and Jess		"Super" Results "Distance" Results <a href="#">Individual Results</a>
7/24-26/2014 FRI - SUN	<a href="#">AD Long Course Champs</a> Colgate University	Josh and Jess		<a href="#">RESULTS</a> <a href="#">Individual Results</a>  31 NEW RECORDS! And, Gretchen B. (Lisbon) got 2nd place overall in the 8 & Under age group!!
8/01/2005 Saturday	<a href="#">Swim a Mile for Hospice</a> Postwood Park	Josh	<a href="#">Press Release</a>	<a href="#">RESULTS</a>
08/05-08/2015 WED-SAT	<a href="#">Eastern Zone AG LC Championship</a> Richmond, Virginia <a href="#">AD Zone Info</a>	Josh		<a href="#">RESULTS</a> <a href="#">Individual Results</a>  3 NEW RECORDS!
8/07/2014 FRI	<b>Pool Social</b> SUNY Potsdam	Jessica Jock & Jessica Smith		

[2014 - 2015 SC Schedule with Results](#)

[2014 LC Schedule with Results](#)